



Arlington Place Red Oak



December 2016

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HUGE thanks to those of you who donated to the Food for the Heartland food drive. We have completely filled three boxes! Also, I think it is just wonderful to see so many of you participating in Live 2B Healthy. It is so good for your health and not just that but your mental health as well. I plan on going for another round of monthly perfect

have done so well with November. Our number of participants has more than doubled! How wonderful is that?!

If you have any new ideas for shopping outings, places to eat, or events please feel free to let me know!

**Thank you,
Emily Weeks
Life Enrichment
Coordinator**

- **WELCOME OUR NEW NURSE, KATHY WILLIAMS**
- **A NOTE FROM YOUR LEAD CHEF**
- **DARE TO DREAM**
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Everyone Meet Kathy!

Kathy Williams, RN is Arlington Place of Red Oak's new



Health Care Coordinator. So let's give her a warm welcome as she transitions into her position here.



“It was a day to give thanks for what we have and not complain about the things we don't. Somewhere in this world lives have ended; Every day we get out of bed is enough to be thankful for, don't you agree?”

I hope you all had a Happy Thanksgiving as much as we did. In just a short while we will celebrate another holiday [and another new year].

Also, Christmas dinner will be served Christmas Day for lunch with no salad bar (as our cooks will be very busy that day). If you are going to be having guest or plan on being gone please tell the kitchen staff so they can accomadate accordingly.

Dare to Dream

Edie Bergantzel's "dream" was made when we went out for a late morning shopping trip and a cup of coffee. Montgomery County Memorial Hospital hosted a Christmas cookie walk and their Lemon Tree gift shop had lots of Christmas pretties and nick knacks. We had a blast! 😊

**A Note From Pam, Your Lead Chef
in the Arlington Café**



Veterans Day Celebration!

We brought in the holiday wonderfully with our guest speaker, Jerry Hanson, starting out by telling us a little bit about the U.S. Military. Then we remembered our family members that had fallen on active duty, currently serving, previously served, and the ones that have gone home to heaven. We then enjoyed some cake and punch while our Music Therapist (usually for memory care) put on a beautiful show singing and playing his guitar. I couldn't have asked for a better turn out!

Decemeber Birthdays

December 13th – Letty Heathcote

December 15th – Lowell Kerr

December 18th – Lucile Denning

December 30th – Lissi Curtis



What's Going On This Month?

December 2nd – Down Home Dulcimers performing at 2:00 PM.

December 5th – Christmas Cookies with memory care in the 'Garden' at 2:30 PM.

December 7th – Wayne Miller Live Music at 3:45 PM.

December 12th – Faith Community Church's MOPS group carolers at 6:30 PM.

December 14th – Red Oak High School "Mini Singers" will perform at 1:45 PM.

December 15th – Mennonites at 7:00 PM.

December 21st – Soup Bar Dinner

Halloween & November Memories...

Unfortunately, I didn't get any pictures at our Halloween party. But, I do have to say that it was a very successful party alongside Faith Community Church's MOPS moms and kids group trick or treating (although we were expecting more kids), snacks, and punch.

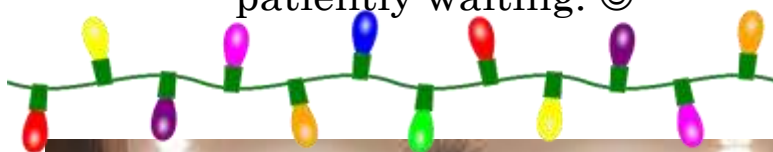
Here we have our awesome cook Emily Ireland-Minard dressed up on Halloween as a cute little witch!



Here we have Letty & Henry relaxing in the living room.



Marjorie Miller getting her hair done by Barb and husband Jim patiently waiting. ☺



The ladies in the 'Garden' got a special visit from my little girl Lizzy Quinn!



Here are two of our three veterans; Homer Focht and Jack Thompson... not pictured is Jack Fort.

LEVEN Live 2B Healthy participants!

The girls in the 'Garden' playing a game of Bingo! with Teresa!



Elvera Johnson celebrates her Birthday!

