
August 2017 - Dog Days of Summer are here!



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Today's too hot to bark or bite,
too warm to walk or wag.
I'm not inclined to chomp or chew.
(My jowls are on the sag.)

No sitting up, no playing fetch,
no shaking hands with Fred.
No rolling over for this Rover.
I'm just playing dead.

Okay, I'm man's best friend, but
there's a limit to my nice.
No tricks till further notice, Master.
Just put me on some ice!

(Looks like this faithful fellow won't be waving any time soon... or doing anything else, for that matter!)

Poem by Susan Noyes Anderson



Andreas Jaeggi & Ron Ruby singing 'Jingle Bell Rock' for Christmas in July!

Upcoming Events

August 4

Cynthia Zeisman performing "Maltshop Memories" show of 1950s music.
3:30 P.M.

August 14

Carmen Nicholson on piano.
2:00 P.M.

August 26

Hawaiian Luau Pool Party!
Come dip your feet in the pool, sip on refreshing 'cocktails', and relax under the warm summer sun!
2:00 P.M.

Stay Hydrated!

Go check out the 'Hydration Station' located in the Arlington Dining Room! Fresh ice cold water infused with fresh fruits, cucumbers, and/or citruses daily!

Drink eight 8oz glasses of fluids a day to stay hydrated! Remember, all fluids count!



From the Culinary Department

We have had several B.B.Q. Cookouts this summer, celebrating Mother's Day, Father's Day, and Independence Day! Guests were asked to bring a salad for the potluck salad bar to share... Talk about Good Eats!

The memory care "Gardens" and the larger dining room on the assisted living side now have a 'Hydration Station' consisting of a juice machine and fruit infused water, as well as the previously available iced tea.

With the hot July weather, the ice cream in our freezer is being put to good use!

Hope you all are having a great summer!



Pam Ehlers
Culinary Coordinator



August Birthdays!

August 1st - Bonnie Downs

August 5th - Dee Grindle

August 15th - Pat Wetterlind

August 24th - Mary Helen Peterson

August 25th - Ken Jack



In the Community

Community Coffee

Every Friday at 10:00 A.M. in the Arlington Dining Room. We serve hot fresh coffee, an assortment of hot teas, and scrumptious homemade treat. This activity is open to the public.

Live 2 B Healthy

Every Monday and Thursday morning. Class begins at 10:30 A.M. and ends about 11:15 A.M. This class is open to the public as well.

Bingo!

Wednesday afternoons at 2:00 P.M. The last Wednesday of the month we celebrate a Happy Hour, Arlington Place provides beverages and a snack!



What's Going On This Month?

Friday, August 4th - Cynthia Zeisman in "Maltshop Memories" 1950s music show at 3:30 P.M.

Sunday, August 6th - Bethlehem Lutheran Church Service at 1:00 P.M. in Activity Room

Thursday, August 10th - Lunch Date at Pizza Ranch, bus leaves at 11:15 A.M.

Sunday, August 13th - Henderson Church Service at 2:30 P.M. in Arlington Dining Room

Monday, August 14th - Carmen Nicholson on Piano in the Arlington Dining Room at 2:00 P.M.

Sunday, August 20th - Faith Community Church Service in Arlington Dining Room at 2:30 P.M.

Thursday, August 24th - Lunch Date at Classic Café in Malvern, bus leaves at 11:00 A.M.

Saturday, August 26th - Hawaiian Luau Pool Party! 2:00 P.M. on the North Patio

Sunday, August 27th - St. Mary's Church Service at 2:30 P.M. in the Arlington Dining Room



July Memories



