

# Arlington Place

800 E Ratliff Road  
Red Oak, IA 51566  
(712)623-1999

Dear Friends,

There are so many fun things planned for July 2017! I can't wait to get the party started! We will be enjoying live entertainment by The Traveling Musical Memories gang, and Opera music brought to you by Andreas Jaeggi all the way from Amsterdam!!

We will be going on our usual out to lunch dates! I am even planning a "POOL PARTY"! Do not fret, it will not require a bathing suit!

I want everyone to have a wonderful and safe Independence Day! Please remember to R.S.V.P. to the kitchen staff the amount of guests you will be having for our Independence Day Cookout/Potluck prior to July 4<sup>th</sup>.

Thank you all for your kind words and prayers while I was gone due to surgery! I appreciate you all so very much!

Love,  
Emily Weeks



## Hydration Station

Summer means there will be HEAT and heat means you need to keep HYDRATED! There is no better way to keep hydrated than to drink water, water, water!! To help keep you all hydrated this summer we have set up a "Hydration Station" infused with assorted citrus, berries, and cucumbers. This is located in the Arlington Dining Room by the serving counter. Stay hydrated and healthy!



## Upcoming Events

July 4

Independence Day Cookout  
with Potluck Salad Bar

July 13

Travelin' Musical Memories at  
10:00 A.M.

July 22

Opera performance by  
Andreas Jaeggi *all the way  
from Amsterdam!*

## July Birthdays!

July 1<sup>st</sup>  
Rena Bowman

July 26<sup>th</sup>  
Shirley Honeyman



## What's going on This Month?!

Saturday, July 1<sup>st</sup> – Firework Show in Red Oak at the Sports Complex (North 4th St.)

Sunday, July 2<sup>nd</sup> – Bethlehem Lutheran Church Service at 1:00 P.M. in Activity Room

Tuesday, July 4<sup>th</sup> – Independence Day Cookout with Salad Bar Potluck: 11:30 A.M. to 1:00 P.M. PLEASE RSVP!

Sunday, July 9<sup>th</sup> – Henderson Church Service at 2:30 P.M. in Arlington Dining Room

Thursday, July 13<sup>th</sup> – Travelin' Musical Memories at 10:00 A.M. in the Arlington Living Room ALSO Out To Lunch Date at The Ice House in Clarinda, IA bus will leave at 11:00 A.M.

Sunday, July 16<sup>th</sup> – Red Oak Presbyterian Church Service at 2:30 P.M. in Arlington Dining Room

Monday, July 17<sup>th</sup> – Walmart Shopping Trip in Shenandoah, IA bus leaves at 1:00 P.M.

Saturday, July 22<sup>nd</sup> – Opera performance by Andreas Jaeggi all the way from Amsterdam at 2:00 P.M.

Sunday, July 23<sup>rd</sup> – Church Service with Crossroads Community at 2:30 P.M. in Arlington Dining Room

Thursday, July 27<sup>th</sup> – Out to Lunch Date at The Red Coach Inn Restaurant, bus will leave at 11:20 A.M.

Sunday, July 30<sup>th</sup> – Church Service with Church of The Nazarene at 2:30 P.M. in Arlington Dining Room



## In the Community

### Community Coffee

Every Friday morning at 10:00 A.M. we provide hot coffee, hot teas, and a delicious homemade dessert. This is open to the public.

### Live 2B Healthy

Every Monday and Thursday morning at 10:30 A.M. to 11:15 A.M.

\*\*\*NO CLASS ON JULY 3<sup>RD</sup>\*\*\*

### Bingo!

Wednesday afternoons at 2:00 P.M. This is open for the public as well! The last Wednesday of the month is Happy Hour and we provide beverages and a snack.





JUNE MEMORIES!

