



Arlington Place Red Oak

October
2016

It's Fall time!

Hello everyone,

This is Cassie writing today. As most of you know, Emily Weeks will be taking over the Life Enrichment Coordinator position. I have decided to spend more time at home with my babies. Having 3 kids in school and sports and then a newborn takes up a lot of time. I have enjoyed being your Life Enrichment Coordinator this past year and a half and am thankful for the opportunity that Di gave me. It will definitely be a change not being here Monday through Friday but I will still be filling in as needed. Please be patient with Emily as she gets settled in to her new position. She will be adding her own taste to things, so they won't be just like I did them. However, she knows if she needs anything I'm just a phone call away! And don't worry, this little guy will still be in to visit!



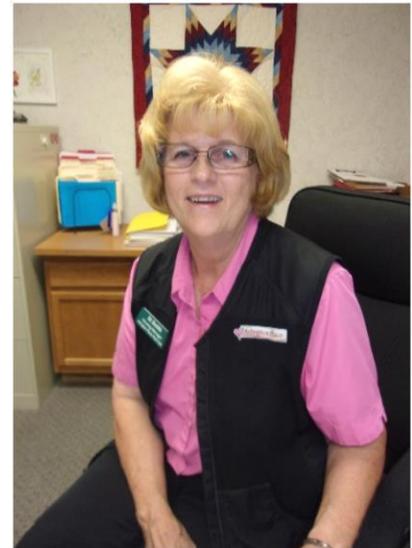


A note from the kitchen:

It's officially fall! Our winter menus will be out soon, which means we will get to enjoy our daily soups again!

A note from the manager:

It is in the utmost importance to have regular conversations with your parents in order to get them used to the term "assisted living" in the future. Communicating about the future will show them that you are going to do what is best for him/her. The same goes for parents continuing to have regular conversations with their children, once they have moved in to assisted living.



A note from the nurse:

There will be a flu clinic on 10/6/16

At 10:30am

Bring your Medicare Part B Card



October Birthdays!

1st- Jack Fort

4th- Dorothy Schrage

Mildred was in full costume for Western Wednesday during National Assisted Living Week.



We also enjoyed a nice bus ride to Viking Lake and had a wonderful lunch there!

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800 Ratliff Rd
Red Oak, Ia 51566