



April 2017 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>09:35 Daily Chronicle 10:15 Bible Study 10:30 MOD: Kaylene 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk</p>						<p>1</p> <p>09:35 Daily Chronicle 10:00 Exercise 02:00 Dominoes 03:00 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show</p>
<p>2</p> <p>09:35 Daily Chronicle 10:15 Bible Study 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk</p>	<p>3</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Bingo 02:15 Simple Treasures Store 02:30 Adult Coloring 03:30 Book Reading 06:00 Card Club</p>	<p>4</p> <p>09:30 Walk About 09:30 Resident Meeting 09:35 Daily Chronicle 10:00 Senior Fitness 11:00 Music Speaks 02:00 Vitals 03:00 Resident Council 03:30 Book Reading 06:00 Card Club</p>	<p>5</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 11:30 Lenten Lunch 01:00 Dollar Store 02:30 Garbage 02:30 Cranium Crunch 03:30 Book Reading 04:00 YMCA 06:00 Card Club</p>	<p>6</p> <p>09:15 GNB Bank 09:30 Ladies Coffee 09:30 Walk About 10:00 Senior Fitness 11:00 Music Speaks 01:15 Bingo 03:30 Book Reading 06:00 Card Club</p>	<p>7</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 10:30 Manicures 01:15 Wii Bowling 02:30 Yogurt & Ice Cream Social 03:30 Book Reading 06:00 Popcorn and Movie 06:15 Card Clubs</p>	<p>8</p> <p>09:35 Daily Chronicle 10:00 Exercise 10:30 MOD: Lenah 02:00 Dominoes 03:00 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show</p>
<p>9</p> <p>09:35 Daily Chronicle 10:15 Bible Study 11:00 Manager on Duty: Lenah 11:00 MOD: Lenah 12:00 Birthday Lunch: Alice 01:15 Church 02:00 Coffee & Cookies 02:30 Lutheran Coffee Ladies 06:00 Card Club 07:00 Evening Walk</p>	<p>10</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Bingo 02:30 Adult Coloring 03:30 Book Reading 06:00 Card Club</p>	<p>11</p> <p>09:30 Walk About 09:30 Resident Meeting 09:35 Daily Chronicle 10:00 Senior Fitness 11:00 Music Speaks 01:00 Manicures 01:00 Kitchen Club 01:30 B.B. B-ball 02:00 Volley Ball 03:30 Book Reading 06:00 Card Club</p>	<p>12</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:00 Dollar Store 02:30 Garbage 02:30 Cranium Crunch 03:30 Book Reading 04:00 YMCA 06:00 Card Club</p>	<p>13</p> <p>09:30 Ladies Coffee 09:30 Walk About 10:00 Senior Fitness 11:00 Music Speaks 01:15 Bingo 03:30 Book Reading 06:00 Card Club</p>	<p>14</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Wii Bowling 02:15 Yogurt & Ice Cream Social 03:30 Book Reading 06:00 Popcorn and Movie 06:15 Card Clubs</p>	<p>15</p> <p>09:35 Daily Chronicle 10:00 Exercise 10:00 MOD: Christina 02:00 Dominoes 03:00 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show</p>
<p>16</p> <p>09:35 Daily Chronicle 10:15 Bible Study 10:30 MOD: Christina 12:00 Birthday Lunch: Jeanett 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk</p>	<p>17</p> <p>09:00 Foot Clinic 09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Bingo 02:30 Adult Coloring 03:30 Book Reading 06:00 Card Club</p>	<p>18</p> <p>09:30 Walk About 09:30 Resident Meeting 09:35 Daily Chronicle 10:00 Senior Fitness 11:00 Music Speaks 02:00 Volleyball 03:30 Book Reading 06:00 Card Club</p>	<p>19</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:00 Dollar Store 02:30 Garbage 02:30 Cranium Crunch 03:30 Book Reading 04:00 YMCA 06:00 Card Club</p>	<p>20</p> <p>09:15 GNB Bank 09:30 Ladies Coffee 09:30 Walk About 10:00 Senior Fitness 11:00 Music Speaks 01:15 Bingo 02:00 4th Graders 03:30 Book Reading 06:00 Card Club</p>	<p>21</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Wii Bowling 02:30 Yogurt & Ice Cream Social 03:30 Book Reading 06:00 Popcorn and Movie 06:15 Card Clubs</p>	<p>22</p> <p>09:35 Daily Chronicle 10:00 Exercise 10:30 MOD: Terri 02:00 Dominoes 03:00 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show</p>
<p>23</p> <p>09:35 Daily Chronicle 10:00 MOD: Terri 10:15 Bible Study 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk</p>	<p>24</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 10:30 Manicures 01:15 Bingo 02:30 Adult Coloring 03:30 Book Reading 06:00 Card Club</p>	<p>25</p> <p>09:00 1st Pres. Coffee Ladies 09:30 Walk About 09:30 Resident Meeting 09:35 Daily Chronicle 10:00 Senior Fitness 11:00 Music Speaks 01:15 Story Time 01:30 B.B. B-ball 03:30 Book Reading 06:00 Card Club</p>	<p>26</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:00 Dollar Store 02:30 Bethany Coffee Ladies 02:30 Garbage 02:30 Cranium Crunch 03:30 Book Reading 04:00 YMCA 06:00 Card Club</p>	<p>27</p> <p>09:30 Ladies Coffee 09:30 Walk About 10:00 Senior Fitness 11:00 Music Speaks 01:00 Jen's Massages 01:15 Bingo 03:30 Book Reading 06:00 Card Club</p>	<p>28</p> <p>09:15 Devotions 09:30 Walk About 09:35 Daily Chronicle 10:00 Exercise 01:15 Wii Bowling 02:15 Yogurt & Ice Cream Social 03:30 Book Reading 06:00 Popcorn and Movie 06:15 Card Clubs</p>	<p>29</p> <p>09:35 Daily Chronicle 10:00 Exercise 10:30 MOD: Kaylene 02:00 Dominoes 03:00 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show</p>



95 D Avenue Grundy Center, IA 50638 | 319-824-5674 | www.arlingtonplaceretirement.com/grundy

Professionally managed by Senior Housing Management



April 2017 Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Kaylene</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:15 Church</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>						<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Sing Along</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:00 Evening News</p> <p>07:00 Lawrence Welk</p>
<p>08:15 Breakfast Chronicle</p> <p>08:45 Yahtzee</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:15 Church</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Writer's with Me</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>02:00 Simple Treasure's Store</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>10:15 Short Story</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Vitals Clinic</p> <p>02:00 Beach Ball</p> <p>03:00 Resident Council</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>11:30 Lenten Lunch</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Adult Coloring</p> <p>02:00 Water Paint</p> <p>03:00 Read with Me</p> <p>04:00 YMCA</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 GNB Bank</p> <p>09:30 Senior Fitness</p> <p>11:00 Music Speaks</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:15 Categories</p> <p>10:15 Sequence</p> <p>11:00 Bowling</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:30 Ice Cream Social</p> <p>03:00 Read with Me</p> <p>03:00 Tea Time</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Lenah</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Sing Along</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>07:00 Lawrence Welk</p>
<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Lenah</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:15 Church</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Writer's with Me</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Reader's Theater</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Beach Ball</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Resident Council Recap</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Adult Coloring</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>04:00 YMCA</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>10:00 Detectives</p> <p>11:00 Music Speaks</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:15 Sequence</p> <p>11:00 Bowling</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:30 Ice Cream Social</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Christina</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Sing Along</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>07:00 Lawrence Welk</p>
<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Christina</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:15 Church</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Writer's with Me</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Reader's Theater</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Beach Ball</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Adult Coloring</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>04:00 YMCA</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>11:00 Music Speaks</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:15 Sequence</p> <p>11:00 Bowling</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:30 Ice Cream Social</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Terri</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Sing Along</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>07:00 Lawrence Welk</p>
<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Terri</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:15 Church</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Writer's with Me</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Reader's Theater</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Beach Ball</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>06:30 Movie Night</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Adult Coloring</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>04:00 YMCA</p>	<p>08:15 Breakfast Chronicle</p> <p>09:30 Senior Fitness</p> <p>10:00 Detectives</p> <p>11:00 Music Speaks</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>01:30 Bingo</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:15 Sequence</p> <p>11:00 Bowling</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:30 Ice Cream Social</p> <p>03:00 Read with Me</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p>	<p>08:15 Breakfast Chronicle</p> <p>09:15 Sit N Be Fit</p> <p>10:00 Morning Meditation</p> <p>11:00 MOD: Kaylene</p> <p>12:15 Laugh N Lunch</p> <p>12:45 Rest & Relaxation</p> <p>01:00 Yahtzee</p> <p>02:00 Sing Along</p> <p>03:30 Tea Time</p> <p>05:30 Supper Spa</p> <p>07:00 Lawrence Welk</p>