

95 D AVENUE
GRUNDY CENTER, IA 50638



PHONE: 319-824-5674
ARLINGTONPLACERETIREMENT.COM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:15 GNB Bank 9:30 Ladies Coffee 10:00 Sr. Fitness 11:00 Music Speaks 1:00 Simple Treasures 3:00 Music Video 6:00 Card Club	2 9:15 Devotions 10:00 Exercise 11:00 Out to Lunch 1:15 Wii Bowling 2:30 Yogurt Bar 2:45 Pepper 3:00 Dominoes 6:00 Movie Night	3 9:00 Church Tape 10:00 Exercise 2:15 Dominoes 3:15 Pepper 6:00 Card Club 7:00 Lawrence Welk
4 10:15 Bible Study 1:15 Church 2:30 Coffee & Cookies 6:00 Card Club 7:00 Evening Walk	5 Labor Day 9:00 Adult Coloring 10:00 Exercise 10:30 Tea Time 2:30 Word Find 6:00 Card Club	6 10:00 Sr. Fitness 11:00 Music Speaks 1:00 Walk About 1:30 B.B.B-Ball 6:00 Card Club	7 9:15 Devotions 9-5 Sue's Hairdo's 10:00 Exercise 1:00 Dollar Store 2:30 Balzac 6:00 Card Club	8 9:30 Ladies Coffee 10:00 Sr. Fitness 11:00 Music Speaks 1:30 Story Time 6:00 Card Club	9 9:15 Devotions 10:00 Exercise 11:00 Chinese 1:15 Wii Bowling 2:30 Ice Cream Social 6:00 Movie Night	10 9:00 Church Tape 10:00 Exercise 2:30 Wine & Cheese Social 6:00 Card Club 7:00 Lawrence Welk
11 10:15 Bible Study 1:15 Church 2:30 Lutheran Church Coffee 6:00 Card Club 7:00 Evening Walk	12 Pajama Day 9:15 Class time 10:00 Jerry & Myrt 12:00 Upside Down Lunch 1:15 Bingo 2:45 Exercise 6:30 Men's Choir	13 Western Day 9:15 Class Time 10:00 Sr. Fitness 11:00 Music Speaks 12:00 Grill Out 1:30 The Campbells 6:00 Card Club	14 Backwards Day 9:15 Class Time 9-5 Sue's Hairdos 10:00 Exercise 12:00 Resident Served Lunch 1:00 Dollar Store 2:30 Accordion Man 6:00 Card Club	15 Blast from the Past 9:15 GNB Bank 9:30 Ladies Coffee 10:00 Sr. Fitness 11:00 Music Speaks 1:30 Guess Who 6:30 Acoustic Duo	16 Dress your Best 9:15 Class Time 10:00 Exercise 12:00 Formal Dining 1:15 Wii Bowling 2:30 Yogurt Bar 3:00 Lularoe Fashion 6:00 Movie Night	17 9:00 Church Tape 10:00 Exercise 2:15 Dominoes 6:00 Card Club 7:00 Lawrence Welk
18 10:15 Bible Study 1:15 Church 2:30 Coffee & Cookies 6:00 Card Club 7:00 Evening Walk	19 9:15 Devotional 9:30 Foot Clinic 10:00 Exercise 1:15 Bingo 2:30 500 6:00 Card Club	20 9:00 Adult Coloring 10:00 Sr. Fitness 11:00 Music Speaks 1:30 B.B.B-Ball 6:00 Card Club	21 9:15 Devotional 9-5 Sue's Hairdo's 10:00 Exercise 11:00 Pine Lake Picnic 2:00 Dollar Store 6:00 Card Club	22 Autumn 9-4 Massage Therapy 9:15 Kitchen Club 9:30 Ladies Coffee 10:00 Sr. Fitness 11:00 Music Speaks 2:00 4th Graders 6:00 Card Club	23 9:15 Devotional 10:00 Exercise 11:00 Stylish Living 1:15 Wii Bowling 2:30 Ice Cream Social 6:00 Movie Night	24 9:00 Church Tape 10:00 Exercise 2:15 Dominoes 6:00 Card Club 7:00 Lawrence Welk
25 10:15 Bible Study 1:15 Church 2:30 Coffee & Cookies 6:00 Card Club 7:00 Evening Walk	26 9:15 Devotions 10:00 Exercise 10:30 Casino 1:15 Bingo 6:00 Card Club	27 9:00 1st Pres Coffee 10:00 Sr. Fitness 11:00 Music Speaks 2:30 Welcome Party 6:00 Card Club	28 9:15 Devotional 9-5 Sue's Hairdos 10:00 Exercise 1:00 Dollar Store 2:30 Bethany Coffee Ladies 6:00 Card Club	29 9:30 Ladies Coffee 10:00 Sr. Fitness 11:00 Music Speaks 1:30 Tea Time 2:30 Adult Coloring 6:00 Card Club	30 10:00 Exercise 10:30 Tea Time 1:15 Wii Bowling 2:30 Yogurt Bar 6:00 Movie Night	31 9:00 Church Tape 10:00 Exercise 2:15 Dominoes 3:15 Pepper 6:00 Card Club 7:00 Lawrence Welk