
January 2018 – Happy New Year!

Arlington Place

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Red Oak, Iowa 51566
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Upcoming Events

December 31

New Year's Eve Party in the Arlington Living Room. We will watch the ball drop on TV, munch on appetizers, and pop open some sparkling grape juice! Starting at 7:00 P.M.

January 3

We will have a special Happy Hour with champagne after Bingo around 3:15 P.M.

January 15

In honor of Martin Luther King Jr. Day we will have a small trivia at 2:00 P.M. and we will recite his famous "I have a Dream" poem.

Friends,

As we welcome the new year 2018, we welcome new opportunities, new resolutions and goals, and some might even say the chance to "start anew". I want each and every one of you to think of something that you can do differently or "better" in the new year. Whether it be exercising a little more to build strength and retain your balance or visiting more with friends and family you've lost touch with over the years.

With the new year upon us means more chances to get some new exciting activities going! I am brainstorming as much as I can to get some brand new activities on the schedule. If you have ideas you would like to share I will take advantage!

"A year's end is neither an end nor a beginning but a going on, with all the wisdom that experience can instill in us."

Wishing that your Christmas was grand and your New Year be filled with love and laughter.

Happy New Year,
Emily Weeks, Life Enrichment Coordinator

Lunch Dates

January 4th – Pizza Ranch

January 11th – Classic Café in Malvern, IA

January 18th – The Feedlot Restaurant

January 25th – The Cast Iron Steakhouse (used to be Johnny's)



January Birthdays!



Aileen Schafer – January 16th

Don Cashatt – January 17th

Naomi Wade – January 22nd

Shirley Honeyman – January 23rd

Barb Richards – January 25th

Joyce Cashatt – January 30th



In the Community

Show N Tell

Bring along something that is of high importance to you to share with the group. Pictures, paintings, books, trinkets... you name it! Show N Tell will be the first Friday of the month, January 5th at 2:00 P.M.

Bingo!

Don't hesitate to invite your friends and/or family to play an intense finger-nail biting game of "Bingo!" Every Wednesday at 2:00 P.M. Prizes may vary from week to week. If you have ideas for Bingo prizes please see Emily Weeks! ☺

Community Coffee

Every Friday morning at 10:00 A.M. in the Arlington Place Dining Room. We serve fresh hot coffee, hot tea, cocoa, cappuccino, and treats.

Starting Up in January

BRIDGE CLUB!

Every Thursday at 1:00 P.M. we will gather and play bridge in the Arlington Library. Invite your friends outside of the Arlington Place community to play too! Refreshments will be provided.

December Memories

From all the Christmas carolers to all the birthdays in December of 2017 I would say we "went out with a bang!"

So farewell 2017 and welcome 2018!!



