



February 2018 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				09:30 Ladies Coffee 10:15 Senior Fitness 10:30 Cranium Crunch 10:45 Simple Treasures 11:30 Kitchen Club Planning 01:00 Book Reading 01:30 Bingo 02:00 GNB Bank 03:30 Take My Queen 06:00 Card Club	1 Ground Hog Day 08:00 Daily Chronicle 09:15 Devotions 09:45 80's Music Exercise 10:30 Me and My Shadow Art 01:00 Book Reading 02:15 Groundhog Day Ice Cream Social 03:00 Sit & Be Fit 06:00 Movie Night: Beauty & the Beast 06:15 Card Clubs	2 08:00 Daily Chronicle 10:00 Chair Exercises 10:30 MOD: Briget 01:30 Dominoes 03:00 Sit & Be Fit 03:15 Adult Coloring 05:30 Super Bowl Party 06:00 Card Club 07:00 Lawrence Welk Show
08:00 Daily Chronicle 10:00 MOD: Briget 10:15 Bible Study 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk	4 08:00 Daily Chronicle 09:15 Devotions 09:45 Jungle Exercise 10:30 Dollar General 01:00 Book Reading 02:00 Music Speaks 02:30 Men's Mental Muscles 03:00 Sit & Be Fit 06:00 Card Club	5 Fat Tuesday 07:45 Pancake Breakfast 08:00 Daily Chronicle 09:30 Resident Meeting 10:15 Senior Fitness 11:30 Sing Along 12:00 Mardi Gras Party 01:00 Book Reading 01:45 Discuss & Recall 02:00 Vitals	6 08:00 Daily Chronicle 09:15 Devotions 09:45 Fishing Warm Up 11:00 Out to Lunch 01:00 Book Reading 02:00 Camp Courageous 02:30 Cranium Crunch 03:00 Sit & Be Fit 03:30 Pepper Club 04:00 YMCA friends	7 09:30 Ladies Coffee 10:15 Senior Fitness 10:30 Craft & Create 11:30 Kitchen Club Planning 01:00 Book Reading 01:30 Bingo 03:30 Adult Coloring 06:00 Card Club	8 08:00 Daily Chronicle 09:15 Devotions 09:45 80's Music Exercise 10:30 Wii Bowling 01:00 Book Reading 01:00 Kitchen Club 03:00 Sit & Be Fit 06:00 Popcorn and Movie 06:15 Card Clubs	9 08:00 Daily Chronicle 10:00 Chair Exercises 10:00 MOD: Larry 01:30 Dominoes 03:00 Sit & Be Fit 03:15 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show
08:00 Daily Chronicle 10:15 Bible Study 11:00 MOD: Larry 01:15 Church 02:00 Coffee & Cookies 02:30 Lutheran Coffee Ladies 06:00 Card Club 07:00 Evening Walk	11 08:00 Daily Chronicle 09:15 Devotions 09:45 Jungle Exercise 10:30 Dollar General 11:00 Drama Club: Winter Skit 01:00 Book Reading 02:00 Music Speaks 02:30 Men's Mental Muscles 03:00 Adult Coloring 03:00 Sit & Be Fit	12 08:00 Daily Chronicle 09:30 Resident Meeting 10:15 Senior Fitness 10:30 Volleyball 11:30 Sing Along 01:00 Book Reading 02:00 Mervin Edeker 02:30 Uno Attack 03:30 Adult Coloring 06:00 Card Club	13 Valentine's Day 08:00 Daily Chronicle 09:15 Devotions 09:45 Fishing Exercises 11:00 Out to Lunch 12:00 Sweetheart's Dinner 01:00 Book Reading 02:30 Cranium Crunch 03:00 Sit & Be Fit 04:00 YMCA friends	14 09:30 Ladies Coffee 10:15 Senior Fitness 11:30 Kitchen Club Planning 01:00 Book Reading 01:30 Bingo 02:00 4th Graders 02:00 GNB Bank 04:00 Adult Coloring 06:00 Card Club	15 08:00 Daily Chronicle 09:15 Devotions 09:45 80's Music Exercise 10:30 Wii Bowling 01:00 Book Reading 01:00 Kitchen Club 02:00 4th Graders 02:15 Hot Chocolate Social 03:00 Sit & Be Fit 06:00 Popcorn and Movie	16 08:00 Daily Chronicle 10:00 MOD: Lenah 10:00 Chair Exercises 01:30 Dominoes 03:00 Sit & Be Fit 03:15 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show
08:00 Daily Chronicle 10:15 Bible Study 10:30 MOD: Lenah 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk	18 President's Day 08:00 Daily Chronicle 09:15 Devotions 09:45 Jungle Exercise 10:30 Dollar General 01:00 Book Reading 01:45 Golf Game 02:00 Music Speaks 03:00 Sit & Be Fit 04:00 Adult Coloring	19 08:00 Daily Chronicle 09:30 Resident Meeting 10:15 Senior Fitness 11:00 Janet Lieb 11:30 Sing Along 01:00 Book Reading 02:00 Shop Talk: Automobiles 03:00 Adult Coloring 06:00 Card Club	20 08:00 Daily Chronicle 09:15 Devotions 09:45 Fishing Warm Up 11:00 Out to Lunch 01:00 Book Reading 02:30 Cranium Crunch 03:00 Sit & Be Fit 04:00 YMCA friends 06:00 Card Club	21 09:30 Ladies Coffee 10:15 Senior Fitness 11:30 Kitchen Club Planning 01:00 Jeni's Massages 01:00 Book Reading 01:30 Bingo 06:00 Card Club	22 08:00 Daily Chronicle 09:15 Devotions 09:45 80's Music Exercise 10:30 Wii Bowling 01:00 Book Reading 01:00 Kitchen Club 03:00 Sit & Be Fit 06:00 Popcorn and Movie 06:15 Card Clubs	23 08:00 Daily Chronicle 10:00 Chair Exercises 10:00 MOD: Christina 01:30 Dominoes 03:00 Sit & Be Fit 03:15 Adult Coloring 06:00 Card Club 07:00 Lawrence Welk Show
08:00 Daily Chronicle 10:15 Bible Study 11:00 MOD: Christina 01:15 Church 02:00 Coffee & Cookies 06:00 Card Club 07:00 Evening Walk	25 08:00 Daily Chronicle 09:15 Devotions 09:45 Jungle Exercise 10:30 Dollar General 01:00 Book Reading 02:00 Music Speaks 03:00 Sit & Be Fit 06:00 Card Club	26 08:00 Daily Chronicle 09:00 1st Pres. Coffee Ladies 09:30 Resident Meeting 10:30 Dollar General 11:30 Sing Along 01:00 Book Reading 02:15 Drama Club- Catchphrase 06:00 Card Club	27 08:00 Daily Chronicle 09:15 Devotions 09:45 Fishing Exercises 11:00 Out to Lunch 01:00 Book Reading 02:00 Guys' Game time 02:30 Bethany Coffee Ladies 02:30 Cranium Crunch 03:00 Sit & Be Fit 04:00 YMCA friends	28		



95 D Avenue Grundy Center, IA 50638 | 319-824-5674 | www.arlingtonplaceretirement.com/grundy

Professionally managed by Senior Housing Management



February 2018 Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 The Lord's Prayer 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Music & Meditation 02:00 GNB Bank 03:30 Cupid's Love Detective 05:30 Sup & Spa 06:00 Lightning Round	1 Ground Hog Day	2 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Morning Devotions 10:00 Sit & Be Fit 10:30 MOD: Brigit 12:15 Laugh N Lunch 02:00 Sing Along 05:30 Sup & Spa 05:30 Super Bowl Party 07:00 Lawrence Welk
4 Super Bowl Sunday 08:00 Breakfast Chronicle 08:30 Beauty Shop 10:00 Sit & Be Fit 11:00 MOD: Brigit 12:15 Laugh N Lunch 01:15 Church 05:30 Sup & Spa 05:30 Super Bowl 06:30 Movie Night	5 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Chicken Noodle Soup 4 the Soul 10:00 Balloon Fitness 10:30 Dollar General 12:15 Laugh N Lunch 01:00 Music & Meditation 02:00 Finish the Drawing 03:15 Cupcake Liner Birds 05:30 Sup & Spa	6 Fat Tuesday 08:00 Pancake Breakfast 08:30 Beauty Shop 09:00 God's Little Gifts 09:45 Senior Fitness 12:00 Mardi Gras Party 01:00 Rosie's Piano Playing 02:00 Vitals Clinic 03:00 Resident Council 05:30 Sup & Spa	7 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 The Upper Room 10:45 Music Speaks 11:00 Out to Lunch 01:15 Sing Along Hymns 02:00 Jungle Jog 03:30 Sequencing Desserts 05:30 Sup & Spa 06:00 Manicures or Hand Massages	8 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 The Lord's Prayer 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Music & Meditation 03:30 Fun & Games Detective 05:30 Sup & Spa 06:00 Lightning Round 07:00 Baby Animals	9 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Devotion 10:00 Fishing Warm up 12:15 Laugh N Lunch 01:15 Sunday School Sing Along 02:30 Ice Cream Social 05:30 Sup & Spa 06:00 Sing Along 07:00 Photography Documentary	10 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Morning Devotions 10:00 Sit & Be Fit 11:00 MOD: Larry 12:15 Laugh N Lunch 02:00 Sing Along 05:30 Sup & Spa 07:00 Lawrence Welk
11 08:00 Breakfast Chronicle 08:30 Beauty Shop 10:00 Sit & Be Fit 11:00 MOD: Larry 12:15 Laugh N Lunch 01:15 Church 05:30 Sup & Spa 06:30 Movie Night	12 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Chicken Noodle Soup 4 the Soul 10:00 Balloon Fitness 10:30 Dollar General 12:15 Laugh N Lunch 01:00 Zen Soulful Sounds 02:00 Rhythm & Music 05:30 Sup & Spa 06:00 Tenzi	13 Valentine's Day 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 God's Little Gifts 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Rosie's Piano Playing 02:00 Merwin Edeker 05:30 Sup & Spa 06:00 Finish the Lyric 07:00 Andy Griffith	14 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 The Lord's Prayer 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Music & Meditation 02:00 Categorizing 03:30 Adult Coloring 05:30 Sup & Spa 06:00 Lightning Round	15 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Devotion 10:00 Fishing Warm up 10:45 Categories 12:15 Laugh N Lunch 01:15 Sunday School Sing Along 02:00 4th Graders 05:30 Sup & Spa 06:00 Sing Along	16 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Morning Devotions 10:00 Sit & Be Fit 11:00 MOD: Lenah 12:15 Laugh N Lunch 02:00 Sing Along 05:30 Sup & Spa 07:00 Lawrence Welk	17 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Morning Devotions 10:00 Sit & Be Fit 11:00 MOD: Lenah 12:15 Laugh N Lunch 02:00 Sing Along 05:30 Sup & Spa 07:00 Lawrence Welk
18 08:00 Breakfast Chronicle 08:30 Beauty Shop 10:00 Sit & Be Fit 11:00 MOD: Lenah 12:15 Laugh N Lunch 01:15 Church 05:30 Sup & Spa 06:30 Movie Night	19 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Chicken Noodle Soup 4 the Soul 10:00 Balloon Fitness 10:30 Dollar General 12:15 Laugh N Lunch 01:00 Planet Exploration 02:00 Categories 05:30 Sup & Spa 06:00 Tenzi	20 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 God's Little Gifts 09:45 Senior Fitness 11:00 Janet Lieb 12:15 Laugh N Lunch 01:00 Rosie's Piano Playing 05:30 Sup & Spa 06:00 Finish the Lyric 07:00 Andy Griffith	21 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 The Upper Room 10:45 Music Speaks 11:00 Out to Lunch 12:15 Laugh N Lunch 01:15 Sing Along Hymns 03:00 Bean Bag Baseball 04:00 Relax & Remember 05:30 Sup & Spa	22 Jeni's Massage Therapy 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 The Lord's Prayer 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Music & Meditation 05:30 Sup & Spa 06:00 Lightning Round 07:00 Baby Animals	23 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Devotion 10:00 Fishing Warm up 10:45 Cranium Crunch 12:15 Laugh N Lunch 01:15 Sunday School Sing Along 02:30 Ice Cream Social 05:30 Sup & Spa 06:00 Sing Along	24 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Morning Devotions 10:00 Sit & Be Fit 11:00 MOD: Christina 12:15 Laugh N Lunch 02:00 Sing Along 05:30 Sup & Spa 07:00 Lawrence Welk
25 08:00 Breakfast Chronicle 08:30 Beauty Shop 10:00 Sit & Be Fit 11:00 MOD: Christina 12:15 Laugh N Lunch 01:15 Church 05:30 Sup & Spa 06:30 Movie Night	26 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 Chicken Noodle Soup 4 the Soul 10:00 Balloon Fitness 10:30 Dollar General 12:15 Laugh N Lunch 01:00 Bean Bag Baseball 02:00 Post Card Exchange 05:30 Sup & Spa 06:00 Tenzi	27 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:00 God's Little Gifts 09:45 Senior Fitness 12:15 Laugh N Lunch 01:00 Rosie's Piano Playing 03:00 Rhythm & Song 05:30 Sup & Spa 06:00 Finish the Lyric 07:00 Andy Griffith	28 08:00 Breakfast Chronicle 08:30 Beauty Shop 09:15 The Upper Room 10:45 Music Speaks 11:00 Out to Lunch 12:15 Laugh N Lunch 01:15 Sing Along Hymns 02:00 Jungle Jog 02:30 Bethany Coffee Ladies 05:30 Sup & Spa			