

March 2018

Arlington Place

East Ratliff Road, Red Oak, IA 51566
(712)623-1999



Dear Friends,

Believe it or not Springtime weather is upon us! We just have to get by with the last bit of Winter weather. With warmer weather comes lots of activities such as planting flowers and garden seedlings along with Lunch Dates out to eat, and scenic drives as we watch the trees budding and grass turn from a murky tan to pretty bright green!

We will also have a variety of specials for St. Patrick's Day and Easter, which is early this year on April 1st, yes that is right... EASTER in on APRIL FOOLS DAY! From green beers to easter egg hunts, it's going to be really fun!

I have a cute poem attached to the back of this newsletter, be sure to check it out!

Your Friend,

Emily Weeks, Life Enrichment Coordinator

A Note from the Kitchen

Our outdoor temperatures seem to vary as time goes by but our hot soups will keep you warm on the inside!

For our Valentine's Day dinner we had hot beef sandwiches with our ever so tender roast beef and a mound of creamy mashed potatoes and chocolate covered strawberry brownies! Mmm mmm good!

Join us for a meal, we are open for visitors for breakfast, dinner, and supper. Remember to call in advance or let kitchen staff know you will be having guests.

Pam Ehlers, Dietary Coordinator



Upcoming Events

March 1

Marilyn Marsden & Margaret Thomas will be here to sing along and play piano for us at 2:00 P.M.

March 2

"Show N Tell" isn't just for children, ya'know? It's a great way for us to get acquainted with our neighbors. Bring something that has value to you or just come and tell a story. We love to hear about your life! Arlington Dining Room at 2:00 P.M.

February 17

St. Patrick's Day Irish Coffee with Friends special will begin at 10:00 A.M. in the Arlington Dining Room. We will have an assortment of Bailey's coffee creamers along with a sweet Irish treat...

St. Patrick's Day Irish Feast will begin at 11:30 A.M.

Important Announcement

[To replace a photo with your own, just right-click it and then choose Change

March Birthdays

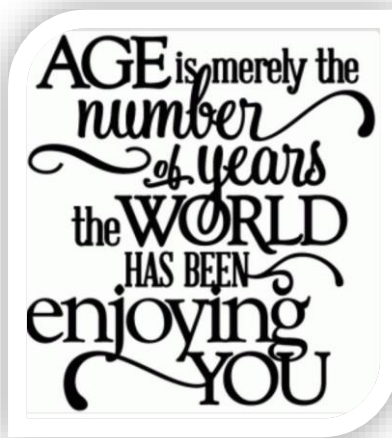
March 1st – Relda Hultquist

March 5th – Mary Anne Anderson

March 20th – Loydene Steen

March 31st – Martha Heckert

Birthdays are always made special here at Arlington Place. On your birthday you get to pick out your dinner of choice and if you will be gone for the noon meal you can choose a different day or a supper meal.



St. Patrick's Day Irish Feast

Our kitchen staff will work hard to make us an authentic corned beef and cabbage meal with boiled potatoes and a GREEN dessert to top it all off! We will start serving at 11:30 A.M. We ask you please let us know if you will be joining us or if you will have guests.

Lunch Date at the Red Oak Inn Restaurant!

After all the cold weather we will attempt an outing on the bus to lunch at the Red Coach. There will be a sign-up sheet on the snack table a little closer to the date. But mark your calendars for March 29th the bus will leave at 11:20 A.M. Please remember if the weather is too cold, icy, or snowy we will postpone.



King & Queen of Valentine's Day at Arlington



Mary Helen Peterson, 99 years of age, and Ernest Smith, 100 years, took the win for Queen and King for our 2018 Valentine's Day Royalty. What a good looking duo!!

Activity Pest

Why do you come to my door and ask,
“Do you want to play Bingo?”
No, I’ll pass! Can’t you see I’m trying to sleep?
Now leave quietly, without a peep!

Who is back the very next day?
“Would you like a manicure?” I say “Okay.”
Or I tell her, “Maybe I will on another day.”

Ah! At last, she’s gone – there is quiet – all right!
Now, it’s just me and *The Price is Right*.

Knock, knock! Can you guess?
Yep, She’s back – the Activity Pest!
“We’re having a party. Please, won’t you come?”
If I go this time, will you leave me alone?

She tries to get me in the mood,
and bribes – “Yes, there will be food.”
So I tag along – to this party I go.
There are people laughing and what do you know?
I’m talking and eating and enjoying the show!
I guess these activities aren’t so bad.
In fact, the party helped me forget feeling sad.

So, if you get a knock on the door
and it is the Pest, try not to ignore.
Believe it or not, her intentions are right.
To get us out of our apartments and into the spotlight!

