



2018

Embracing Every Moment



101 NE 5th St. Pocahontas, IA 50574

712-335-3020

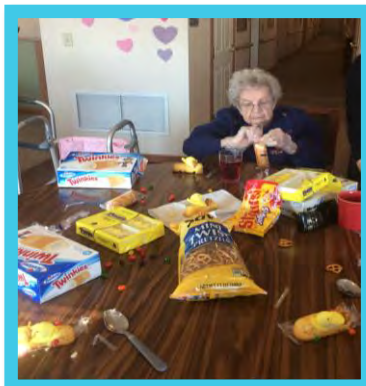
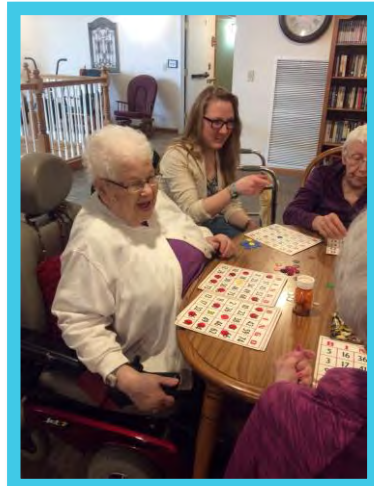
Manager: Lauri Fulkerth

Nurse: Mary Jo Miller-Grandfield

Culinary Coordinator: Randy Fosburgh

Life Enrichment Coordinator: Kelly Sheets

BINGO



Arlington Place residents stay very busy. We enjoyed a wonderful performance by Cowboy Jim, residents loved singing, dancing, and playing the maracas during the show. Arlington Place residents enjoyed playing Bingo with the Catholic school kids and seniors from Pocahontas High School.

Some of the other activities residents participated in through the month of March are, baking with Randy, milk and cookie social, playing cards with friends, arts and crafts, residents and I made Easter bunny cars, and Easter cupcakes.

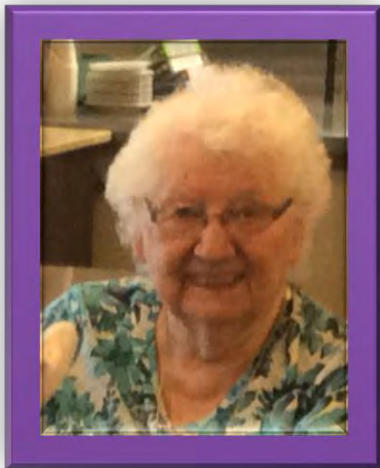




DARE TO Dream

Gary, A resident at Arlington Place enjoys talking about his daily chores he had on his farm and the machinery he had to perform each task. Gary always watches the lawn care guy and tells us everything he does wrong. Randy the (Culinary Coordinator) and Kelly the (Life Enrichment Coordinator) arranged for Gary to go to the Sale Barn for the local auction. Gary was very excited to see all the tractors and machinery. Gary was happy to get out and about and reminisce.





Jeanette - April 29

Arlington Place would like
to wish all of you a very
Happy Birthday! We will be
celebrating April Birthdays
on Tuesday April 10th at 1:00
p.m. We hope to see you all
there!



Jerry - April 24



Culinary
Coordinator
Randy Fosburgh

April Showers Cupcakes

Ingredients

1 Box Betty Crocker™ Super Moist™ white cake mix, water, vegetable oil and egg whites called for on cake mix box

1/3 cup light blue candy sprinkles

2 ½ cups Betty Crocker™ Whipped fluffy white frosting (from two 12-oz containers)

1 ½ miniature marshmallows

24 paper drink umbrellas



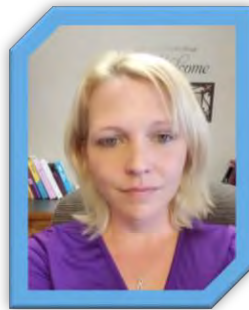
Directions

1. Heat oven to 350°F (325°F for dark or nonstick pans). Place paper baking cup in each of 24 regular-size muffin cups.

2. Make cake mix as directed on box for cupcakes, using water, oil and egg whites. Fold in candy sprinkles until blended. Divide batter evenly among muffin cups.

3. Bake 18 to 22 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely.

4. Spoon frosting into decorating bag fitted with 1/2-inch plain tip. On each cupcake, pipe frosting to look like a cloud. Sprinkle with marshmallows. Insert paper umbrella into frosting.



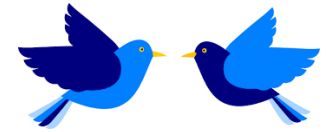
Life Enrichment
Coordinator
Kelly Sheets



Arlington Place would like to wish everyone a Happy Easter! Bring the kids to Arlington Place for the annual Easter Egg Hunt on March 31st at noon.

- The Easter egg is said to symbolize and represent joy, celebration and new life.
- Peep peep...Americans buy more than 700 million marshmallow Peeps during Easter..
- 76% of Americans think the ears of a chocolate bunny should be the first to be eaten.
- Americans consume more than 16 million jelly beans during this holiday.
- Egg dyes were once made out of natural items such as onion peels, tree bark, flower petals, and juices.
- Easter takes place on a Sunday, after the 40-day period called Lent. Lent is referred to as a time of fasting, but participants focus more on giving up one significant indulgence.
- The largest ever Easter egg hunt was in Florida, where 9,753 children searched for 501,000 eggs.

Why I Love Spring



- 1. Baseball, Baseball and more Baseball!!
- 2. Wearing Flip-Flops with bright toe-nail polish, (you are never too old for this).
- 3. The birds are back, singing their spring songs, and it is warm enough to open your house windows and hear them.
 - 4. The Days are becoming Longer and Warmer . The Sun is Brighter.
 - 5. The smell of fresh cut grass, (as long as I am not doing the mowing).
- 6. Sewing seeds and watching them sprout from the earth. The smell of dirt...
 - 7. Grilling – Bring It ON!!
 - 8. Listening to the rain.
- 9. Out door activity – biking, long walks (without coats), driving through Dolliver with the windows down.
 - 10. Graduation parties.
- 11. Lastly – THE END OF FLU SEASON!!

