

May 2018



800 E Ratliff Road  
Red Oak, IA 51566  
(712) 623-1999

Dear Friends,

May is HERE! The weather has been nice to us these past few weeks. I think it's safe to say that Winter has finally gone into hibernation until the end of the year!

May sprouts new growth as we get ready for our time outside on the patio. I'd like to get a small garden growing, with tomatoes, radishes, carrots, and other easy to grow veggies. They will make great additions to our salad bar this summer!

I am amazed how friendly and wonderful you all are to our new neighbors! You all remember how hard it was to transition from your home to Arlington Place and are so kind to share those feelings. Thank you for involving and encouraging our newer residents to dine with you and to activities. I love this community and all of you too! When I get ready in the morning I feel as if I am getting ready to go to my other "home" away from home.

To all our Mother's here at Arlington Place, resident, staff member, or visitors... Happy Mother's Day!

Sincerely,

Emily Weeks  
Life Enrichment Coordinator



## Upcoming Events

### May 1

Happy May Day! Be on the lookout for a basket on your porch!

### May 5

Cinco de Mayo! Complete with a nacho bar on the salad bar and margaritas!



### May 6

National Nurses Week is from May 6<sup>th</sup> to May 12<sup>th</sup>. Show your appreciation with a simple gesture such as a "Thank You" or a greeting card.

### May 11

Muffins for Moms Community Coffee at 10:00 A.M. Tell all your friends to come enjoy FREE coffee and a treat!

### May 13

Happy Mother's Day!



### May 17

Mennonite Choir will sing at 7:00 P.M. in Arlington Living Room.

### May 27

Ice Cream Social at 3:00 P.M.

### May 28

Happy Memorial Day!



### May 30

Happy Hour following "Bingo!" at 3:15 P.M. ("Bingo!" begins at 2:00 P.M.)

## More Important News

### A Note from the Kitchen

I do believe spring is finally here! Although we have stopped our soups every day for the season, we still will have soup once a week. An assortment of Campbell's soups are available at all times as well.

We are looking forward to the smokey smell of fresh Fareway meat on the grill and the sweet taste of watermelon as summer quickly approaches.

We have some new items on our spring and summer menus. Cheesy Baked Chicken, which has a nice flavor and very moist. Dr. Pepper Meatballs sounds interesting... and how about 5-Minute Beef Stir-fry! A lot of mouthwatering desserts such as Cookie Tarts, Blueberry Bread Pudding, and Key Lime Bars. Am I tantalizing your taste buds yet?

*Mother's Day is approaching fast. We would greatly appreciate if you let us know in advance (preferably by May 6<sup>th</sup>) if you will have guests or will be gone. Thank you!*

Pam Ehlers  
Dietary Coordinator



### Dining Room Hours of Operation

#### **Breakfast:**

**7:00 A.M. – 9:00 A.M.**

#### **Lunch (Dinner):**

**11:30 A.M. – 1:00 P.M.**

#### **Supper:**

**5:30 P.M. – 7:00 P.M.**



## In the Community

### Bingo

Every Wednesday at 2:00 P.M.

### May Birthdays

**Bert Walford**

May 1<sup>st</sup>

**Alvin Hays**

May 23<sup>rd</sup>



### Resident Led Devotions

Starting in May we will now have our daily morning devotions led by our own residents. Devotions will begin at 10:00 A.M. on both Saturdays and Sundays.



# May Memories

