



# NOVEMBER

*Embracing Every Moment*



101 NE 5<sup>th</sup> St. Pocahontas, IA 50574

712-335-3020

Manager: Lauri Fulkerth

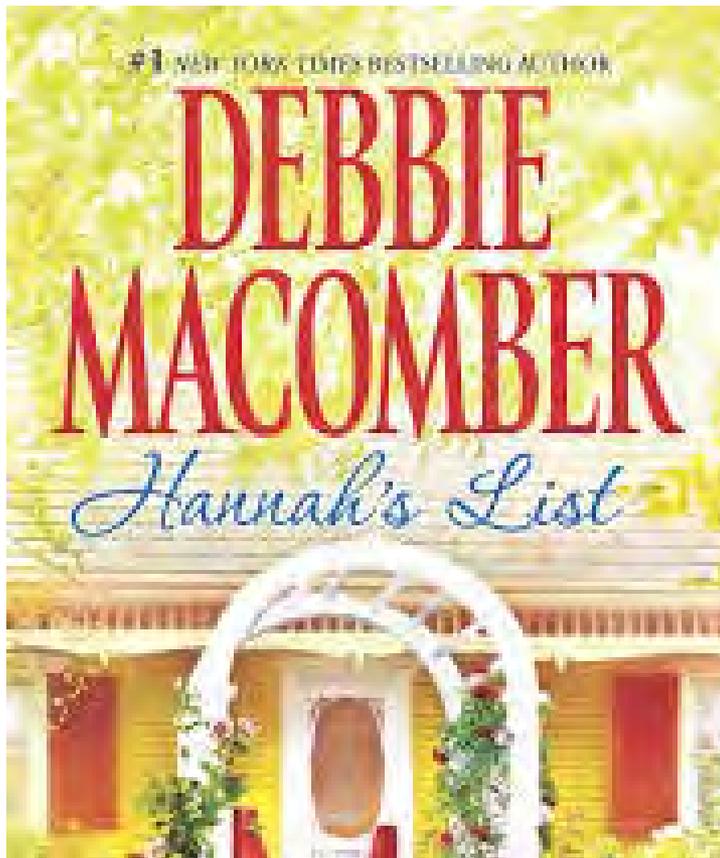
Nurse: Mary Jo Miller-Grandfield

Culinary Coordinator: Elaine Montag

Maintenance Coordinator: Daniel Kuhns

Life Enrichment Coordinator: Kelly Sheets





Arlington Place residents had a busy month! We started "Hannah's List" for book club. We enjoyed Singing with Kevin Anderson. Residents made ghost, pumpkins, and wreaths to celebrate Halloween. Residents baked cup cakes, cookies, and cakes.





# HAPPY BIRTHDAY



*Lee*  
11/04



*Berniece*  
11/6



*Bill*  
11/16

Arlington Place would like to wish all  
of you a very Happy Birthday!  
We will be celebrating November  
Birthdays on Tuesday November 6<sup>th</sup>, at  
2:00p.m. We hope to see you all there!





Life Enrichment coordinator  
Kelly Sheets



## Pumpkin Bars

### Ingredients

- 4 eggs
- 1 2/3 cups white sugar
- 1 tsp baking soda
- 2 tsp ground cinnamon
- 1 tsp salt
- 1 (3 oz) package cream cheese
- 1/2 cup butter,
- 1 tsp vanilla extract
- 2 cups confectioners' sugar
- 1 cup vegetable oil
- 1 (15 oz) can pumpkin puree
- 2 cups all-purpose flour
- 2 tsp baking powder

### Directions

1. Preheat oven to 350 degrees F (175 degrees C).
2. In a medium bowl, mix the eggs, sugar, oil, and pumpkin with an electric mixer until light and fluffy. Sift together the flour, baking powder, baking soda, cinnamon and salt. Stir into the pumpkin mixture until thoroughly combined.
3. Spread the batter evenly into an ungreased 10x15 inch jellyroll pan. Bake for 25 to 30 minutes in preheated oven. Cool before frosting.
4. To make the frosting, cream together the cream cheese and butter. Stir in vanilla. Add confectioners' sugar a little at a time, beating until mixture is smooth. Spread evenly on top of the cooled bars. Cut into squares.



Culinary Coordinator  
Elaine Montag



*November is the month that we think of the many things in life we are thankful for. Let us spend this month thinking about all the people who have made a difference in our lives. What did they do that created an extraordinary life experience.*

*We are always thankful for family. Families bring happiness and smiles. We encourage family members to join their loved one for a meal. Eating together is a great way to spend family time and enjoy great conversation with the ones you love! If you would like to reserve the private dining room or parlor for your Holiday get together let Lauri or myself know. I hope this month brings you warm memories. Happy Holidays!*

101 NORTHEAST 5TH STREET  
POCAHONTAS, IA 50574



ARLINGTONPLACERETIREMENT.COM  
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STAMP  
HERE

Many of our activities are **FREE** and **OPEN** to the public.  
If you are looking for a great time with some great people  
Please do not hesitate to call or stop by! (712) 335-3020 and  
ask for Kelly Sheets.